

VR3

FLY/REAR DELT

This popular family of 23 machines provides ample evidence that you no longer need to choose between form and function. VR3 delivers both.

FEATURES

No two arms are alike

Cyber uses independent movement to train each arm according to its need. By allowing the arms to move independently of each other, VR3 delivers the ability to balance the workout when one arm is weaker or injured. Independent movement encourages symmetrical strength development.

Auto – adjusting

VR3 offers another automatic adjustment feature. The floating input arms automatically adjust to varying user arm lengths.

Variety

Horizontal and vertical handles provide for user variety. And they are positioned so that the seat does not have to be adjusted going from one grip to another.

Space saver

Two movements on one machine gives users the ability to train the rear delts and the chest muscles through the popular fly exercise.



SPECIFICATIONS

Product Number	12111
Dimensions L x W x H	53" x 59" x 74" (135 cm x 150 cm x 188 cm)
Standard Stack	245 lbs (111 kg)
Heavy Stack	305 lbs (138 kg)
Standard Weight	575 lbs (261 kg)
Heavy Weight	614 lbs (280 kg)
Color	Available in 15 frame colors or a virtually unlimited variety of custom colors and 33 upholstery colors

Upgrade your club with customized VR3 equipment. Visit mydesign.cybexintl.com

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AND BUILT IN THE USA

